

## Make a Difference in Your Community – Become a Macmillan Support Volunteer!

We're working together with the **Newark Macmillan Cancer Information & Support Service** to ensure that local people affected by cancer can access personal, compassionate support right in their community. Whether someone has just been diagnosed, is going through treatment, or is supporting a loved one, Macmillan experts are there to offer a warm welcome, a listening ear, and valuable guidance.

📍 **Location:** Newark YMCA - Activity Village, Lord Hawke Way, Newark NG24 4FH

### What's the Role?

As a volunteer, your kindness and support can make a world of difference. You'll be there to welcome visitors to the Macmillan Centre, making sure they feel comfortable and supported from the moment they walk through the door.

Here's what you'll be doing:

Welcoming visitors from the YMCA reception and guiding them through the building so they can easily reach the **Macmillan Centre**. 🏠

Offering a **friendly, listening ear** to those who want to share their experiences 🗣️

Helping visitors find useful **information and resources** 📖

Keeping the centre looking welcoming by **restocking leaflets and displays** 🏠

Collecting **basic data** (e.g., number of leaflets given) to help us understand the impact of our work 📊

Assisting visitors who may become emotional, offering a **private space and support** until a staff member is available 💙

Answering the phone professionally and taking messages 📞

Helping out with the setup, preparation, and delivery of wellbeing events like **Look Good Feel Better, the HOPE Course, Cancer Information and Support Events**, or even joining in on the walking group! 🚶♂️

Knowing when to **seek support from a staff member** if needed 🤝

### What We're Looking For

You don't need any formal qualifications—just a **caring, patient, and empathetic** nature. We're looking for volunteers who:

Are great **listeners** and enjoy talking to people 🗣️

Have good **communication skills** and can work well in a team 💬

Are comfortable using their **initiative** but know when to ask for help 💡

Have **basic admin skills** (helpful but not essential!) 📝

## Your Commitment

We ask for **at least 2 hours a week** (Monday – Friday between 10am-3pm). A small commitment of your time can make a **huge** difference! ⌚

---

## What You'll Gain from Volunteering

- The rewarding experience of supporting people affected by cancer
- A chance to give back and make a real impact in your local community
- An opportunity to develop new skills (or showcase the ones you already have!)
- Training & ongoing support, so you'll always feel confident in your role

We'll provide:

- Comprehensive training with Self Help UK, Macmillan Cancer Support, and our partners
  - Regular support & peer sessions with fellow volunteers
  - Volunteer newsletters & events to keep you connected
  - Access to our Employee & Volunteer Assistance Programme
  - Reimbursement of travel expenses (45p per mile or public transport costs)
  - A reference for future employment opportunities
- 

## How to Get Started

We'd love to have a chat and see if this role is right for you! To get involved, you'll need to:

- Come in for an informal chat/interview
- Complete volunteer induction training
- Undergo a DBS check
- Provide two references
- Attend two Peer Support sessions per year (just 1 – 1.5 hours each)

**Interested? Get in touch! We'd love to hear from you.**



**Call us:** 0115 9111662



**Email us:** [volunteering@selfhelp.org.uk](mailto:volunteering@selfhelp.org.uk)