

TRUSTEE - ROLE DESCRIPTION

Role: Trustee

Location: Nottingham, NG5 1AP (mainly at home)

Estimate of time needed: 1-2 hours/week approximately 4-8 hours per month

Organisation type: Charity (Registered Charity No. 1061691)

What will you be doing?

The objective of Self Help UK is to promote the health and well-being of individuals through participation in self-help groups and peer support activities.

We are at an exciting time moving from a mainly Nottingham-based charity into an organisation working across the UK.

We are looking to expand the range of expertise and experience of our Board and are looking to recruit additional Trustees.

Trustees' meetings are usually held every six weeks, plus there is an AGM, away days, and any sub-committee meetings that trustees may be involved in. Most meetings will remain virtual but there will from time to time be a need to attend key meetings and events in Nottingham. The time commitment is approximately 4-8 hours per month, but there may be occasions when more time is required for a short period.

Trustee positions are unremunerated, but reasonable expenses will be reimbursed.

For an informal discussion please contact our Chair, Nina Ennis, or our CEO, Ian Boyd. (Contact details can be found at the bottom of this document).

What are we looking for?

We are not expecting someone to have all the below skills, as we recognise that everyone comes with different experiences and backgrounds, but in particular, we are looking for individuals who can bring some of the following skills to our board of trustees:

Skills and experience required:

- Experience in attending or leading a self-help group or other peer support activities
- Experience of Financial Management (especially charity focused)



- Experience within: Fundraising / Events / Social Investment / E-Commerce
- Experience of HR, People Management and/or Organisation Development
- Experience of Communications and/or Marketing
- Experience of Community Development / within Academia
- Experience of Social Prescribing
- Experience within: Membership and Infrastructure Organisations
- Experience of Training or Workshop Development
- Be able to bring their professional experience from within a System Partner i.e. NHS, Health, national charity, regional / local authority.

Application.

To apply for this role, please email the following information to Tanvi Patil - tanvi.patil@selfhelp.org.uk:

1. Your CV

2. Covering letter - not more than 1 page. Please outline how you meet the criteria in this role description.

The closing date for applications is **5 pm on 31st October 2024**. You will be sent an equal opportunity form to complete upon receipt of your application.

For more details, please contact Nina Ennis Nina.Ennis@selfhelp.org.uk (Chair) or Ian Boyd (CEO) ian.boyd@selfhelp.org.uk

