

Ormiston House, 32-36 Pelham Street, Nottingham NG1 2EG
 Tel: for information enquiries on self help groups 0115 911 1661,
 for publication purchases 0115 911 1662; Fax 0115 911 1660 e-mail admin@selfhelp.org.uk

PUBLICATIONS ORDER FORM

<i>Published by Self Help Nottingham:</i>	Price	Postage	Quantity	Total
Directory of Self Help Support Groups Nottingham and Nottinghamshire - 29th edition 2010 (updated annually)	8.50	1.50		
A Self Help Group for your Patient? Information for GP Practices - 3rd edition 2004	2.50	0.45		
Leaving a Legacy - Helping the work of self help to continue after your death , published in 2005	2.00	0.45		
How to Listen More Effectively - a simple guide to some basic listening skills, published in 1999	2.50	0.75		
<i>Also available:</i> Sharing Experience, Living and Learning - a study of self help groups, K. T. Elsdon with John Reynolds and Susan Stewart, 2000	*4.50	1.30		
Good Links - Guidelines on how self help groups can work with professionals - Judy Wilson, 1994	3.50	0.60		
How to Work with Self Help Groups - Guidelines for Professionals, Judy Wilson, published by Arena 1996	*8.00	1.50		
SELF HELP GROUPS - Getting Started Keeping Going , 2nd edition by Judy Wilson and Jan Myers. Published by R.A. Wilson Feb 1998. Discount for 10 or more copies, please ring for price details	*4.00	1.50		
Framing a Future for Self Help - Report of a conference held on 29 June 2000	no charge	1.00		
Good Practice Guidelines - Self Help and Black and Ethnic Communities , published by the University of Nottingham School of Nursing and Self Help Nottingham	2.50	0.60		

* These publications have been reduced to half-price

TOTAL

Name

Address

.....Post Code

Payment in sterling with order please. Cheques to be made payable to Self Help Nottingham

Please tick here if you **do not wish** to go on our mailing list held on computer

Self Help Nottingham is registered in England & Wales as a company limited by guarantee no 3309760 and a registered charity no 1061691